

# ITEP - International Treatment Effectiveness Project

## Implementing psychosocial Interventions for Adult Drug Misusers

### Facilitated by:-

Sonia Yeandle and  
Ray Jenkins  
From Consulting Circles

### Duration:-

2 whole days  
Intention to attend the  
entire course is essential

### Date(s):-

Thurs 7<sup>th</sup> & Fri 8<sup>th</sup>

May 2009

### Closing Date:-

Following which, applications and  
course details will be confirmed  
Thurs 16<sup>th</sup> April 2009

OR

Wed 10<sup>th</sup> & Thurs

11<sup>th</sup> June 2009

### Closing Date:-

Following which, applications and  
course details will be confirmed  
Mon 18<sup>th</sup> May 2009

### Venue:-

Rooms 206 & 207  
Sudbury Primary Care  
Centre, Vale Farm,  
Watford Road, Wembley,  
HA0 3HG

### Cost:-

This training is fully subsidised  
(free) to participants who meet  
the attendance criteria.

### For More information :-

**Sandy Youngson**

Health Promotion Department,  
NHS Brent,  
Wembley Centre for Health &  
Care,  
116 Chaplin Road,  
Wembley  
HA0 4UZ

**020 8795 7438**

[daat.training@brentpct.nhs.uk](mailto:daat.training@brentpct.nhs.uk)

### What is ITEP?

ITEP utilises a visual communication and care planning approach known as node link mapping, which is used by trained key workers with their clients.

These psychosocial interventions have a number of positive outcomes in terms of clients' treatment experiences and reductions in illicit drug use. In 2007 the National Treatment Agency found that employing ITEP interventions resulted in:

- Clients experiencing a better rapport with their key workers.
- Increased levels of client participation in treatment.
- Higher rates of service retention and completion.
- Clients benefited from increased peer support.

In addition to mapping, the ITEP treatment manual contains brief interventions aimed at changing thinking patterns. Mapping is a visual medium for clarifying shared information between client and key worker. It helps clients to look at the causes and effects of their thinking and also assists in problem solving.

### Who Should Attend:-

This Course is primarily aimed at Staff whose posts are funded by Brent DAAT. Applications from partner organisations are welcome but would be placed on a reserves list, with places being confirmed after the closing date. Early applications are recommended

### DANOS Units Covered:-

#### **AA2 - Relate to and interact with individuals**

1. Identifying the relationship needs of individuals
2. Developing effective relationships with them
3. Monitoring and altering the relationships to meet changing needs.

#### **AA6 - Promote choice, well-being and the protection of all individuals**

1. Protecting individuals whilst respecting their diversity, difference, preferences & choice.

#### **B15 - Promote effective communication for and about individuals**

1. Promote effective communication for and about individuals.
2. Identifying ways of communicating effectively on difficult, complex & sensitive issues.
3. Supporting others to communicate and updating and maintaining records and reports.

#### **AF2 - Carry Out assessment to identify and Prioritise needs**

1. Assess the individual's substance misuse problem & their understanding of services available
2. Assess the need for referral to substance misuse services or to a comprehensive substance misuse assessment
3. Make referral to a substance misuse service or comprehensive substance misuse assessment

#### **AG1 - Develop, implement and review care plans for individuals**

1. Develop care plans to meet individual needs and preferences
2. Implement care plans
3. Review and revise care plans to meet changing needs, preferences and circumstances

#### **A11 - Counsel individuals about their substance use, using recognised theoretical models**

1. Establish and manage the counselling relationship
2. Enable individuals to identify and explore concerns
3. Review options and assist individuals to decide on a course of action

#### **A13 - Counsel groups of individuals about their substance use, using recognised theoretical models**

1. Plan and prepare therapeutic group activities
2. Prepare and support individuals through therapeutic group activities
3. Evaluate agreed therapeutic group activities

### Before attending this course we request that participants:-

- Complete and return an application form.

# Application Form

For Training on Substance Misuse  
and/or Sexual Health for anyone working with  
young people, adults and/or Community Leaders in Brent

**To apply for this course, please print, complete then**

**fax this form to 020 8795 6231** or Send it to

Sandy Youngson, Health Promotion Department, NHS Brent, Wembley Centre  
for Health and Care, 116 Chaplin Road, Wembley, Middlesex, HA0 4UZ.

daat.training@brentpct.nhs.uk

Tel:- 020 8795 7438

Name

Job Title

Organisation

Address

Post Code:-

Telephone

Fax

Work Mobile

E-mail

Access, Dietary  
or other  
Requirements

Title of Training

**ITEP**

Date of Training  
(Please Circle)

Thurs 7<sup>th</sup> & Fri 8<sup>th</sup> May 2009

**OR**

Wed 10<sup>th</sup> & Thurs 11<sup>th</sup> June 2009

If you need to cancel your place on this training, please do so as soon as possible, failure to give at least three working days notice may result in your organisation or department being invoiced a **£75 fee for late cancellation or failure to complete the course** and may affect the access your organisation or department has to future courses funded by the Brent Drug and Alcohol Action Team  
Intention to attend the full course is essential, Thank You.

Address for invoicing (in the event of non-attendance)

The Information given on this form will be held on a training and resorces database and will be used to develop our services and contact you about future training opportunities & new resources

Signature  
(of Applicant)

Date:-

Signature  
(of Manager)

Date:-