

# Mental Health and the impact of Substance Misuse

Training for Substance Misuse Workers and anyone supporting substance users in Brent

## Facilitated by:-

### Oscar Chari

Clinical Lead- Dual Diagnosis,  
Brent Mental Health Service  
&  
NHS Brent Health Promotion  
Dept

## Duration:-

One Day

9.30am till 4.30pm

(Participants should attend the whole day)

## Date(s):-

**Thursday 21<sup>st</sup> October  
2010**

(Closing date, after which applications  
will be confirmed – Friday 3rd Sept  
2010)

Or

**Friday 11<sup>th</sup> March 2011**

(Closing date, after which applications  
will be confirmed – Wednesday 16<sup>th</sup>  
Feb 2011)

## Venue:-

Training Room 2,  
Wembley Centre for  
Health & Care,  
116 Chaplin Road,  
Wembley, HA0 4UZ

## Cost:-

Fully Subsidised (Free)  
for anyone working with  
clients in Brent

## For More information Contact:-

Sandy Youngson,  
Health Promotion  
Department, Brent PCT,  
Wembley Centre for Health & Care,  
116 Chaplin Road, wembley,  
HA0 4UZ.  
020 8795 7438  
[daat.training@brentpct.nhs.uk](mailto:daat.training@brentpct.nhs.uk)

## Aim:-

- To provide substance misuse workers with a basic understanding of mental health and how an individuals substance use may impact on their mental health.
- To increase the confidence of substance misuse staff to make appropriate and timely referrals into local specialist mental health services

The course is weighted towards participants reflecting on their practice and interdisciplinary working, the course will enhance existing skills and develop new ones.

## Who Should Attend:-

This course is particularly useful for all substance misuse staff (including front of house staff and volunteers) whose posts are funded by Brent DAAT.

It would also be appropriate for colleagues working in Brent supporting clients with substance misuse issues, e.g. Social Care; Housing; Criminal Justice; Education; etc

Participants should have a good knowledge of basic substance misuse and preferably have previously attended a Basic Drugs Awareness Course.

## By the end of the training, participants will be able to:-

- Know the prevalence of mental health problems both locally and nationally
- Identify a range of basic mental health problems.
- Understand the consequences of having combined mental health and substance use problems.
- Explore their own attitudes and understanding of mental health.
- Use evidence based assessment tools to assess severity of mental health problems
- Conduct a mental health risk assessment and management plan with clients
- Be aware of prescribed psychiatric medications and how they may interact with substance use.
- Have a basic understanding of mental health legislation.
- To provide information about local mental health services and how to make appropriate referrals.

**Learning outcomes are mapped against Dual Diagnosis Capability Framework - 'Closing the Gap'.**

**Before attending this course we request that participants:-**

- **Complete and return an application form.**

For Training on Substance Misuse  
and/or Sexual Health for anyone working with  
young people, adults and/or Community Leaders in Brent

# Application Form

© - DAAT & Sexual Health Training Manager, NHS Brent July 2010

**To apply for this training, please print, complete then**

**fax this form to 020 8795 6231** or Send it to  
Sandy Youngson, Health Promotion Department, NHS Brent,  
Wembley Centre for Health and Care, 116 Chaplin Road,  
Wembley, Middlesex, HA0 4UZ.

daat.training@brentpct.nhs.uk

Tel:- 020 8795 7438

Name

Job Title

Organisation

Address

Post Code:-

Telephone

Fax

Work Mobile

E-mail

Access, Dietary  
or other  
Requirements

**Lunch will not be provided**

Title of Training

**Mental Health & the impact of Substance Misuse**

Circle Date

**Thurs 21<sup>st</sup> October 2010**

**OR**

**Friday 11<sup>th</sup> March 2011**

If you need to cancel your place on this training, please do so as soon as possible,  
failure to give at least 3 week days notice may result in  
your organisation or department being invoiced a  
**£50 late cancellation fee**  
and may affect the access your organisation or department has to future courses funded by  
the Brent Drug and Alcohol Action Team  
Intention to attend the full course is essential, Thank You.

Address for invoicing (in the event of non-attendance)

The Information given on this form will be held on a training and resources database and will be used  
to develop our services and contact you about future training opportunities & new resources

Signature  
(of Applicant)

Date:-

Signature  
(of Manager)

Date:-