

**Sexual Health and HIV Training Services for Black
and Minority Ethnic Communities in the UK**



**MOBILISING BME
COMMUNITIES FOR
SEXUAL HEALTH**

**Free for those working or living in boroughs of Brent,
Hammersmith & Fulham, Kensington & Chelsea and
Westminster**

BME MSM & WOMEN

2010 – 2011

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THE NPL

NPL is the Black and Minority Ethnic (BME) sexual health and HIV and AIDS charity established in 1991 by volunteers working to help an HIV positive South Asian Muslim man. He had been unable to access any culturally and linguistically competent services because they did not exist in the UK. NPL is today the largest and most experienced BME sexual health provider in London and possibly second largest in the UK. As a registered charity, NPL works with a wide range of BME communities including Muslim, Portuguese-speaking, South Asian, Horn of African and Spanish speaking Latin Americans.

In addition, NPL works with statutory and voluntary agencies and community-based organisations at local, regional, national and international levels to provide information, resources, training, and consultancy and promote sexual health and HIV prevention services in culturally sensitive and linguistically competent environment.

NPL MISSION

To mobilize BME communities and foster self-reliance in addressing the challenges of sexual health and HIV

USERS OF TRAINING

Our training services are primarily for the building capacity of voluntary and community organisations that work with BME communities as well as mainstream sexual health and HIV and AIDS services providers including those that work with BME youths. These include:

- Statutory Bodies, e.g., Primary Care Trusts
- GUM & Sexual Health Clinics
- Volunteers
- Young People's Organisations
- Researchers
- HIV and AIDS Organisations
- Health Care Professionals
- Voluntary Organisations
- Community Based Organizations
- Schools & Colleges
- Embassies and Consulates
- Lesbian and Gay Organisations
- BME parents and carers

To discuss any aspect of our Training Services, please contact Dr Fletcher M. Phiri on 0208 834 0235 or email phiri@naz.org.uk .

Training types & Benefits

We run the following three types of training:

- (i) NPL Programme
- (ii) African Community Workers' Programme (see our website)
- (iii) AIDS & Mobility Transcultural Mediators' Programme (see our website)

Benefits

Specialized knowledge and skills

All our three training programmes are unique and benefit workers and volunteers by equipping them with specialized knowledge, understanding and skills to enable them confidently deliver HIV prevention and sexual health promotion services that are linguistically, culturally and religiously competent among specific BME communities. We also organize and deliver HIV and AIDS prevention and sexual health promotion training for Portuguese, Spanish, Hindi and Amharic speaking workers and volunteers on request.

Certificates

All participants on our training courses receive certificates of Attendance (see next page). The certificate provides evidence that a participant has acquired specific knowledge, understanding and skills indicated in the training course learning outcomes.

Participants who attend African Community Workers' Training and pass a test and other assessment requirements receive accredited certificates from the Open College Network (OCN). NPL training courses provide foundation to OCN Accredited African Community Workers' Training currently being run in London and Manchester.

Practical support

Participants who have attended our training are entitled to free reference on request which they can use to apply for the job. Also participants may register for coaching at a **FEE** if they would like to be supported in putting into practice what they had learned during the training (**see separate brochure**).

Organization performance

Our trainings are aimed at equipping participants with knowledge and skills they need to effectively and efficiently do their jobs. This has an impact on improving the organization performance in a long run.

Certificate sample



What participants say about our training:

“Very educative, entertaining, interactive and informative”

(Royal Borough of Kensington & Chelsea –Personal Advisor 2010)

“Trainer was very good; he inspired me to do more”

(Royal Borough of Kensington & Chelsea –Personal Advisor 2010)

“It was delivered in a good and understanding way. Issues I had or didn’t understand were explained in detail”

(Rochdale council, support worker 2010)

“I just wanted to say a big thank you for delivering our workshop on Christian Perspectives on Relationships and Sexual Health Conference. I know the participants found your workshop stimulating and it is interesting to see how many people had not previously recognised the similarities between the traditions and practices of different faiths”

(Brent PCT DAAT & Sexual Health Training Manager 2008)

“Every session was different, thought provoking also challenging but at the end of each session I gained knowledge which (was) and (is) priceless”

(MC, Leeds 2009)

“The trainer was outstanding”

(BHA 2010)

“The training was excellent and the trainer was highly knowledgeable on the subject”

(Widows and Orphans – Health Promotion Outreach Worker 2010)

Course 1: Introduction to NPL

Background description

The continued success of NPL in preventing HIV and promoting sexual health among BME communities we focus on has attracted interest from many organizations, potential funders and individuals. This introductory module offers opportunity for all interested parties to learn more about NPL, its work and how they can get involved.

What we offer

The main elements of introduction to NPL are history, core activities, values, culture and BME communities' being served

Ideal for

- Community members and students
- Existing and future potential funders
- Individuals interested to work or volunteer for NPL
- Organizations and individuals who have general interest of knowing more about NPL

Outcomes

Participants will leave this workshop:

- Knowledgeable of NPL's structure, mission, aims, objectives, projects, services and communities being served
- Knowledgeable about NPL's core values, culture and positioning within London and in the UK
- Knowledgeable of the opportunities available within NPL and how to get involved

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington and Chelsea and Westminster.

Date and time: 23rd of August 2010 and 10:00am-14:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)

Course 2: HIV and AIDS for BME women

Background description

Every year in the UK, more people from Black and Minority and Ethnic (BME) communities are infected and affected by HIV and AIDS with women worse affected than men. This one-day training is aimed at enhancing knowledge and understanding of HIV and AIDS among workers and volunteers who promote HIV prevention and sexual health among BME women.

What we offer

The key elements of the HIV and AIDS for BME women are using published data to determine magnitudes of HIV and AIDS problem and using of evidence to design, monitor and evaluate effective HIV prevention interventions.

Ideal for

- Youth workers
- Sexual and GUM clinic staff and volunteers
- BME health promotion workers
- HIV and AIDS counselors
- Sexual health advisors

Outcomes

Participants will leave this training workshop:

- Confident in describing cultural issues that promote HIV spread among BME women and how to deal with them
- Skilled in using published data to determine the magnitudes of HIV and AIDS problems among BME women
- Skilled in designing, monitoring and evaluating effective HIV prevention intervention among BME women using the evidence

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 27th of September 2010 and 10:00am-16:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)

Course 3: Preventing HIV and AIDS among BME MSM

Background description

BME men having sex with men (MSM) are identified as priority group in terms of their vulnerability to HIV infection. The majority of them are also not easily reached with HIV prevention messages and technologies. In this training, participants will learn primary, secondary and tertiary levels of HIV prevention as they apply to BME MSM and how these can be implemented to reduce the risk to HIV among this population group.

What we offer

The key elements of primary, secondary and tertiary preventing HIV and AIDS among BME MSM

Ideal for

- School health advisors
- Gay and MSM sexual health service providers
- Sexual and GUM clinic health professionals
- BME organizations and service providers
- Youth workers
- Sexual health advisors
- HIV/AIDS counselors

Outcomes

Participants will leave the training:

- Knowledgeable of the cultural and other causes of increased vulnerability of BME MSM to HIV
- Knowledgeable of primary, secondary and tertiary levels of HIV prevention
- Competent in identifying interventions for each prevention level to reduce the vulnerability of BME MSM to HIV

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 25th of October 2010 and 10:00am-16:30pm

Contact: Fill online application form online (www.naz.org.uk/training/training.html)

Course 4: Religious, social and cultural issues and HIV among BME

Background description

Professionals working in HIV prevention and sexual health promotion may not understand the importance of social, cultural and religious issues as they apply to BME groups. Yet these issues may seriously complicate their work to prevent HIV, STIs and unwanted pregnancies; in certain circumstances they may contribute to spreading infection. How do we sensitively address social, religious and cultural barriers to HIV prevention and sexual health promotion?

What we offer

The key elements of religious, social and cultural issues and HIV among BME communities are social, cultural and religious issues and their roles in HIV and AIDS prevention and sexual health promotion work among BME communities

Ideal for

- Faith leaders
- Health care workers
- Youth workers
- Health educators
- HIV and AIDS counselors
- Student liaison officers
- Community nurses
- Student nurses
- Voluntary groups

Outcomes

Participants will leave this training:

- Confident in discussing the relevant social, religious and cultural issues and their impact on sexual health needs of BME women and MSM
- Knowledgeable of positive and negative impacts that social, cultural and religious issues can have on HIV prevention and sexual health promotion among BME communities
- Identified, shared and practiced good practical ways of including social, cultural and religious issues in HIV prevention and sexual health promotion

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 29th of November 2010 and 10:00am-16:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)

Course 5: Promoting self-management among BME Women and MSM living with HIV and AIDS

Background description

Many people living with HIV and AIDS need continuous support and education in how to cope with their condition to manage themselves and to ensure the quality of their lives is improved and prolonged. How they can they increase their ability to manage their own health? This workshop is for service providers who wish to promote self-management among BME Women and MSM living with HIV and AIDS

What we offer

The key elements of promoting self-management among BME people living with HIV and AIDS are identification of needs and self-management promotion

Ideal for

- Primary and secondary carers for BME people living with HIV and AIDS
- Gay and MSM sexual health service providers
- Community-based nurses working with people living with HIV and AIDS
- Other health professionals interested in supporting and improving the quality of lives of BME people living with HIV and AIDS

Outcomes

Participants will leave the training:

- Knowledgeable of emotional, cultural, physical, psychological and social needs of BME women and MSM living with HIV and AIDS
- Skilled in promoting self-management among BME Women and MSM living with HIV and AIDS

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 31st of January 2010 and 10:00am-16:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)

Course 6: HIV Testing for BME MSM

A strategy for reducing further spread of the HIV virus among BME MSM is to educate those who are infected to prevent its transmission. Infected individuals can only be identified through testing for the HIV antibodies. HIV test results are also used for initiating and for monitoring the drug treatments and for evaluating the effectiveness of the interventions. BME people including MSM usually present late for HIV testing, which prevents early referral for care, treatments and support and this may lead to poor prognosis.

What we offer

The key element of HIV Testing for BME MSM is to promote and encourage uptake of HIV testing services by BME MSM

Ideal for

- Health professionals working in HIV prevention and sexual health promotion among BME MSM
- School health advisors working with young people from BME communities
- HIV and AIDS counselors working with BME MSM
- Sexual service providers within BME MSM

Outcomes

The participants will leave training:

- Knowledgeable of different types of testing for HIV
- Knowledgeable of the advantages and disadvantages of testing for HIV
- Skilled in using HIV test results for management, treatment and prevention of HIV
- Knowledgeable of cultural and other barriers to uptake of HIV testing among BME MSM
- Skilled in developing practical strategies for increasing uptake of HIV testing among BME MSM

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 28th of February 2010 and 10:00am-16:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)

Course 7: HIV Testing for BME Women

A strategy for reducing further spread of the HIV virus among BME women to educate those who are infected to prevent its transmission. Infected individuals can only be identified through testing for the HIV antibodies. HIV test results are also used for initiating and for monitoring the drug treatments and for evaluating the effectiveness of the interventions. BME people including women usually present late for HIV testing, which prevents early referral for care, treatments and support and this may lead to poor prognosis.

What we offer

The key element of HIV Testing for BME women is to promote and encourage the uptake of HIV testing services by BME women

Ideal for

- Health professionals working in HIV prevention and sexual health promotion among BME women
- School health advisors working with young people from BME communities
- HIV and AIDS counselors working with BME women
- Sexual service providers within BME women

Outcomes

The participants will leave training:

- Knowledgeable of different types of testing for HIV
- Knowledgeable of the advantages and disadvantages of testing for HIV
- Skilled in using HIV test results for management, treatment and prevention of HIV
- Knowledgeable of cultural and other barriers to uptake of HIV testing among BME women
- Skilled in developing practical strategies for increasing uptake of HIV testing among BME women

The cost: FREE for those working or living in Brent, Hammersmith & Fulham, Kensington & Chelsea and Westminster.

Date and time: 28th of March 2010 and 10:00am-16:30pm

Contact: Fill online application form (www.naz.org.uk/training/training.html)