

District Nursing Service

Patient Information Leaflet



What is the District Nursing Service?

The District Nursing Service in Brent provides nursing care to people over 16 who are housebound due to a short or long-term condition and who would otherwise find it difficult to access regular healthcare.

The District Nurses are closely linked with your GP and work in partnership with other health and social care professionals.

The District Nursing Teams are based in five localities:

- **Kingsbury**
Tel: 020 8736 7067
- **Wembley**
Tel: 020 8795 6124
- **Harlesden**
Tel: 020 8965 0151
- **Willesden**
Tel: 020 8438 7184
- **Kilburn**
Tel: 020 7625 5115

Out of hours
Tel: 020 8969 2488

How can we help you?

We can support you until you recover or become independent by providing:

- General nursing care when you are ill
- Ongoing nursing care after leaving hospital
- Advice on how to live a more healthy life
- Advice on promotion of continence
- Administration of medication
- Care to patients with long-term conditions which have complex needs
- Screening
- Immunisation
- Palliative and End-of-Life Care
- Assessment for equipment to promote and maintain independence
- Referrals to other health and social care services as necessary.

What you can expect

The District Nurses will assess your individual healthcare needs, discuss and plan your care, provide skilled nursing care in your own home and refer you to other agencies if needed.

The District Nursing Teams provide a five-day service from 8:30am to 5:00pm with a reduced service at weekends and out of hours.

You will have an allocated team of nurses to call during treatment or if you need help and advice.



General Information

We aim to give you a good service, which will be discussed and agreed in partnership with you.

You may wish to give feedback about the person or service directly to the team using the 'Comment card' attached.

Alternatively you may wish to contact the Service Manager, Hedy Lehman, on tel: 020 8795 6134 or fax: 020 8795 6103.

Also, as a patient, relative or carer sometimes you need to turn to someone for advice and support.

The Patient Advice and Liaison Service (PALS) on 020 8795 6025 may be able to help.

This leaflet can be provided in other formats and languages on request.

How you can access the team

You can be referred to the District Nursing Service by your GP, Practice Nurse, a hospital or other health and social care professionals.

You can get more information about us from: www.brentpct.nhs.uk/districtnursing

Your District Nursing Team Contact:

Key Nurse:

Base:

Tel. no:

Today's date:
